

Physical Education Curriculum Content Map

	Autumn	Spring	Summer
EYFS	Fundamentals of PE: Unit 1 Dance: Unit 1	Gymnastics: Unit 1 Ball Skills: Unit 1	Games: Unit 1 Athletics/Sports Day Preparation
Year 1	Team Building Dance Ball Skills	Yoga Target Games Net and Wall Games Gymnastics	Sending and Receiving Striking and Fielding Games Athletics Invasion Games
Year 2	Team Building Dance Ball Skills	Yoga Target Games Net and Wall Games Gymnastics	Sending and Receiving Striking and Fielding Games Athletics Invasion Games
Year 3	OAA Handball Dance Hockey	Yoga Tag Rugby Gymnastics Netball	Tennis Golf Athletics Striking and Fielding
Year 4	OAA Handball Dance Hockey	Yoga Tag Rugby Gymnastics Netball	Tennis Golf Athletics Striking and Fielding
Year 5	OAA Handball Dance Hockey	Yoga Tag Rugby Gymnastics Netball	Tennis Golf Athletics Swimming
Year 6	OAA Handball Dance Hockey	Yoga Tag Rugby Gymnastics Netball	Tennis Golf Athletics Striking and Fielding